



RNOSC & CGA RWANDA

# NEWSLETTER

## 2022

### OLYMPIC DAY 2022

RNOSC joined Gasore Serge Foundation to celebrate the Olympic Day 2022

### SMART WOMEN SMART SPORT

38 participants including 33 women attended the "Smart Women – Smart Sport" workshop, organized by the RNOSC



### BEACH VOLLEYBALL

Rwanda finished 4th in Beach Volleyball at the Birmingham 2022 Commonwealth Games

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## o. Foreword by the RNOSC & CGA Rwanda First Vice President



**Alice Umulinga,**  
First Vice President

**D**ear Readers,

We are delighted to release the Annual Newsletter 2022 of the Rwanda National Olympic and Sports Committee (RNOSC)/Rwanda Commonwealth Games Association (CGA Rwanda).

This platform is a trustworthy and inspiring source for you of every activity of the RNOSC/CGA Rwanda and its Members, as well as another opportunity to keep promoting the Olympic Values and CGF Values.

Throughout 2022, in collaboration with our partners and members, we have successfully implemented various sports activities, namely, the celebrations of the Olympic Day 2022 and Commonwealth Day 2022, “Smart Women – Smart Sport” workshop to foster gender equality within Rwanda Sport Movement, Genocide Memorial Tournaments 2022 (GMT 2022) to pay respect to the victims of the 1994 Genocide Against the Tutsi, and Rwanda finished 4th in Men’s Beach Volleyball at the Birmingham 2022 Commonwealth Games, to name few.

Let me conclude my message by wishing everyone, especially Rwanda Sport Movement a fresh start with renewed energy and success throughout the New Year 2023 - And we look forward to what sport will bring in this year.

Sincerely,

A white handwritten signature on a yellow background, appearing to read 'Alice Umulinga'.



## I. The RNOSC organized Technical Course – Level 1 for 29 Table Tennis Coaches

From the 17th to the 26th January 2022, the Rwanda National Olympic and Sports Committee (RNOSC) in partnership with the Rwanda Table Tennis Federation successfully organized a technical course for coaches – level 1 and 29 participants including 8 women and 3 Para Table Tennis coaches.

The 10-day workshop that held at Centre Christus – Remera, 28 out of 29 participants were awarded completion certificates and the course consisted of theoretical and

Beside the knowledge, with support of the Mauritius Table Tennis Federation, Ping Sans Frontières and Go Sport Company, Mr. Cédric ROULEAU donated Table Tennis balls, nets, paddles and books to the Rwanda Table Tennis Federation

On January 18, 2022, the Secretary General of the Rwanda National Olympic and Sports Committee Mr. Joseph KAJANGWE together with the President of Rwanda Table Tennis Federation Mr. John Bosco Birungi officiated the opening ceremony of the training while

the closing ceremony was attended by the President of Rwanda National Olympic and Sports Committee Mr. Theo UWAYO and the representative of Ministry of Sports Mr. Gervais MUNYANZIZA.



Cédric ROULEAU, the ITTF Expert during the practice session with participants.



Table Tennis equipment donated to Table Tennis Federation.



At the opening ceremony of the workshop, the President of the Rwanda Table Tennis Federation, said:

*“Our coaches were not at the required level and needed to be trained in order to make the game more professional. I also take this opportunity to thank the RNOSC and the Ministry of Sports for their partnership to make this happen.”*

**John Bosco Birungi**

The President of Rwanda Table Tennis Federation



In his opening remarks, the RNOSC Secretary General:

*“Our responsibilities include assisting our members (National Sports Federations) in technical or management training. The 10-day course is for 29 coaches so we hope that at least each district will have a trained table tennis coach.”*

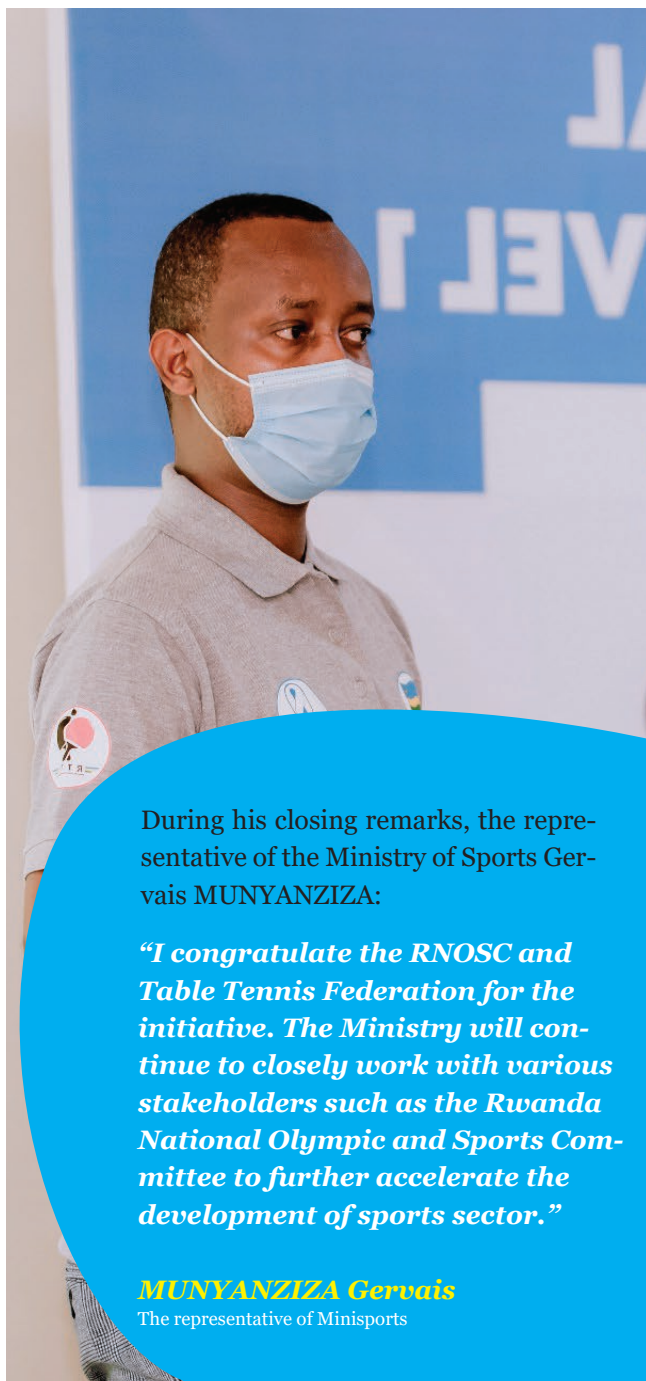
**Joseph KAJANGWE**

The RNOSC Secretary General

The expert Cédric ROULEAU praised the inclusiveness when it came to the representation of participants: “There are active and former players in the national team.

The Rwanda Schools Sports Federation is also represented and for the sustainable development of the game, it is always good to promote it in schools. People with disabilities and women have also taken part of in the course.”

Révérien NSABIMANA, a trainee from Ruhango District, said they are going to start implementing what they have been taught in their clubs, which are located in different parts of the country and the federation pledged to keep assisting them.



During his closing remarks, the representative of the Ministry of Sports Gervais MUNYANZIZA:

*“I congratulate the RNO SC and Table Tennis Federation for the initiative. The Ministry will continue to closely work with various stakeholders such as the Rwanda National Olympic and Sports Committee to further accelerate the development of sports sector.”*

**MUNYANZIZA Gervais**  
The representative of Minisports

At its conclusion, the RNO SC President Theo UWAYO, urged the participants to go back in their respective clubs and share the skills they have learned during this 10-day training with their members.



In his Closing remarks, the RNO SC President said:

*“This is a high-level training course, which was provided by the International Table Tennis Federation Expert Mr. Cédric ROULEAU. I hope it will help produce more table tennis players in country under the Federation’s lead in the near future*

**Mr. Theo UWAYO**  
The RNO SC President

The event was concluded on January 26, 2022 with a certificate award ceremony, exchange of gifts and a group photo.

For more photos of the technical course:

<https://www.flickr.com/photos/158785774@N02/albums/72177720296043835>





## II. The Rwanda CGA joined forces with NPC Rwanda to celebrate the Commonwealth Day 2022

The Rwanda Commonwealth Games Association (Rwanda CGA) in partnership with the National Paralympic Committee of Rwanda (NPC Rwanda) celebrated the Commonwealth Day 2022 on the 16th of March by organizing a Wheelchair Basketball 3X3 competition and skills challenge contest which took place at the NPC Gymnasium.

Four teams competed and the results are as follows; INGANIZI team (1st place), INDASHYIKIRWA team (2nd place), INDANGAMIRWA team (3rd place) and INGERI team (4th place) while for the skills challenge contest, six players competed and the top 3 were awarded including MUTABARE Joseph won the gold medal with trophy, MUHIRWA Hashim took home silver medal and HABAMENSHI Jean Claude got bronze.

During the 2022's celebration, the CGA Rwanda focused on promoting inclusion in sport and the event was graced by the Rwanda CGA President Mr. Theo Uwayo, the Governance Team Leader for British High Commission in Rwanda Mr. Adam Drury and NPC Rwanda Representative Mr. Jean Marie Nsengiyumva.

Their speeches revolved around the importance of celebrating Commonwealth Day and of sport itself.



*"I congratulate the RNOSC and Table Tennis Federation for the initiative. The Ministry will continue to closely work with various stakeholders such as the Rwanda National Olympic and Sports Committee to further accelerate the development of sports sector."*

**Mr. Jean Marie NSENGIYUMVA**  
The NPC RWANDA Representative



The British High Commission Representative, Mr. Adam Drury: “I am so happy to celebrate the Commonwealth Day 2022 with Rwandan community as we reflect on the Commonwealth values. The theme of this year, “Delivering a Common Future”, is celebrated today around parasport with Wheelchair Basketball. Indeed, sport is an important element that brings everyone together. The Birmingham 2022 will be really exciting – Inclusion and equality will be at the heart of the games and Wheelchair Basketball will be integrated for its first time into the sports events. I am really looking forward to cheering of course the UK Team but also the Rwanda Team in July.”



**Mr. Adam Drury**  
The British High Commission Representative



**CGA Rwanda President Theo UWAYO:**

*“In honour of the Commonwealth Day 2022 celebration, the Rwanda Commonwealth Games Association decided to celebrate this special day by promoting inclusion in sport which is one of pillars of the Birmingham 2022 Commonwealth Games. In partnership with the Ministry of Sports and National Sports Federations, we are working closely to make sure that we are fully supporting our athletes ahead of this international multi-sport event.”*

The theme for Commonwealth Day 2022 centred around the theme for the forthcoming Commonwealth Heads of Government Meeting, “Delivering a Common Future”, which highlights how the 54 member countries in the Commonwealth family are ‘innovating, connecting and transforming’ to help achieve goals like fighting climate change, promoting good governance and boosting trade.

The Commonwealth Day is a significant day in the royal calendar and normally, it is held every year on

the second Monday of March, to celebrate the unity, diversity, the shared Commonwealth values and links of the modern Commonwealth as it brings people together for dialogues and reflection upon the designated theme of the year.

For more photos of the Commonwealth Day 2022, click here:

<https://www.flickr.com/photos/158785774@N02/albums/72177720297775912>



The Commonwealth Day celebration event was concluded with a group photo

The FINA President holding talks with the Minister of Sports Hon. Aurore Mimosa Munyangaju



### III. The visit of the FINA President to Rwanda

The World Aquatics (FINA) President Husain Al Musallam, was in Rwanda from 16-17 March 2022 for an official two-day working visit. The FINA President arrived in Kigali on Wednesday, March 16, and held talks with the Minister of Sports Hon. Aurore Mimosa Munyangaju, the President of the Rwanda National Olympic and Sports Committee Mr. Theo UWAYO and the President of the Rwanda Swimming Federation Mrs. Pamela Girimbabazi Rugabira.

With his delegation, the FINA President attended various Swimming events before visiting the Kigali Genocide Memorial to pay tribute

to victims of the 1994 Genocide against the Tutsi at Kigali Genocide Memorial on Thursday, March 17.



The FINA President paying tribute to victims of the 1994 Genocide against the Tutsi



### IV. Para athlete Emmanuel Niyibizi won 2 bronze medals at Dubai 2022 World Para Athletics Grand Prix

With support of the Commonwealth Games Federation (CGF) through the 2022 GAPS Africa Programme, Rwandan Para athlete Emmanuel Niyibizi attended local and international training camps for a period of six months and won two bronze medals in

Athletics - Men's T46 100m and 400m at the Dubai 2022 World Para Athletics Grand Prix - 13th Fazza International Para Athletics Championships that took place from 17th to 25th March 2022.

**Emmanuel Niyibizi during the training  
at Bugesera Stadium, Kigali city (June  
06, 2022)**





## V.Rwanda Martial Arts Sports Federations successfully hosted the first-ever festival.

On 19th of March 2022, the Rwanda Martial Arts Sports Federations represented by the Rwanda National Olympic and Sports Committee (RNOSC) in partnership with Kigali Arena organized the first-ever festival named “Martial Art Sports Festival 1st Edition” with purpose of promoting unity, togetherness and development among all Martial Art Sports in Rwanda.

Five Martial Arts Sports Federations namely Karate, Taekwondo, Judo, Kung-Fu and Wushu, and Boxing participated and showcased their uniqueness through brilliant performances by seniors, juniors and children who entertained a full house of spectators at Kigali Arena.

***“I am so happy that we managed to successfully organize the first edition of this special festival. This is a symbol of unity among us as Martial Arts Sports Federations but also a platform to identify new talents and beauty of our***

***sports. We hope that this festival will become regional or even an international event in future,”*** said the President of Organizing Committee Mr. Placide BAGABO who is also the former President of Rwanda Taekwondo Federation.

among Rwandans especially young generation – And encouraging Martial Arts Sports Federations to always work as team,” said the Second Vice-President of the Rwanda National Olympic and Sports Committee Mrs. Salama UMUTONI.



“Basically, the event aimed at promoting all martial arts sports in Rwanda and making them popular



One of the Kung Fu and Wushu demonstrations at Martial Arts Sports Festival – March 19, 2022.

Additional to the Presidents of participating martial arts sports federations, this festival was also attended by other dignitaries such as both the President and Second Vice-President of Rwanda National Olympic and Sports Committee Mr. Theo UWAYO and Salama UMUTONI respectively, and the Counselor at the Embassy of the People’s Republic of China in Rwanda Mr. WANG Jiaxin.

Rwanda Kung Fu and Wushu Federation, Rwanda Fencing Federation, Rwanda Boxing Federation and Rwanda Judo Federation decided to come together for creating a united martial arts voice that can help accelerate the development of martial arts sports in Rwanda.

For more photos of the festival, click here:

<https://www.flickr.com/photos/158785774@No2/al->

In 2013, six Martial Art Sports Federations including Rwanda Taekwondo Federation, Rwanda Karate Feder-



Taekwondo athletes showcasing their skills to the audience, Martial Arts Sports Festival – March 19, 2022.



Young athletes in boxing showcasing their fighting skills in the ring at Martial Arts Sports Festival – March 19, 2022



Spectators during the martial arts sports festival at Kigali Arena, March 19, 2022



Karatekas practicing some techniques at Martial Arts Sports Festival – March 19, 2022.



## VI. The RNOSC hosted its first Ordinary General Assembly since the New Executive Committee's elections in May 2021

The Rwanda National Olympic and Sports Committee (RNOSC) held its first Ordinary General Assembly on the 26th of March 2022 since the elections of the new Executive Committee and was chaired by the RNOSC President Mr. Theo UWAYO at Gorilla Hotel in Rubavu district.

In his opening remarks, the RNOSC President thanked the members for attending the general assembly and gave some updates about the Tokyo 2020 Olympic Games and upcoming events including Birmingham 2022 and Paris 2024.

***“I commend all National Sports Federations for their significant contribution to the implementation of the covid-19 guidelines, and for Rwanda as a country that has been able to dramatically slow the spread of this pandemic. COVID-19 is a hin-***

***drance to the development of sport, that is why we must stay vigilant. In the first three months of this year 2022, as the RNOSC, we managed to organize a training session for Table Tennis Coaches where all districts were represented and we also celebrated the Commonwealth Day 2022 in this March,”*** said the RNOSC President Mr. Theo UWAYO.

Over the last year, Rwanda was represented at Tokyo 2020 Olympics by 5 athletes in 3 sports include Athletics, Swimming and Cycling but unfortunately Rwanda did not win any medal - And also, in November 2021, Rwanda received the Queen's Baton and it toured different selected places in Kigali city ahead of the Birmingham 2022 Commonwealth Games:

***“We need to rethink the way we support our athletes/sports if ending up on the in-***

***ternational medal tables is truly our goal. Otherwise, the Queen's Baton Relay in Rwanda was a success thanks to our partners and government's support,”*** the RNOSC President.

He concluded his speech by thanking the Ministry of Sports for its continued support towards the development of Rwanda Sport Movement



The RNOSC President Mr. Theo UWAYO addressing the participants of the Ordinary General Assembly 2022 – March 26.

On the meeting’s agenda, different items were presented and approved including the minutes of the RNOSC Ordinary General Assembly 2021, reports such as Activities and Financial Reports, Internal and External Audit Reports and the report on the Genocide Memorial Tournament 2021 (GMT 2021).

Following the Ordinary General Assembly 2022’s approval, the Rwanda Netball Federation is the latest member of the Rwanda National Olympic and Sports Committee while the newly elected Executive Committees’ members from Volleyball, Athletics, Handball, Taekwondo, Triathlon Federations and the Rwanda Workers’ Sports Association

(ARPST) were also officially welcomed aboard. Also, the General Assembly approved the nominations of the new Presidents of the RNOSC Commissions as follows, except for the Athletes’ Commission and National Olympic Academy that will be confirmed later:

1. Legal & Ethics Commission: Delphine Mukakarangwa
2. Woman In Sports Commission: Ariane Uwamahoro
3. Sports For All Commission: Raymond Bananeza
4. Media and Communications Commission: Jacques Furaha
5. Medical and Anti-Doping Commission: Dr. Nuhu Assoumani
6. Technical Commission: Emmanuel Murenzi

7. Marketing Commission: Julius Mbaraga

The Rwanda National Olympic and Sports Committee has put in place eight Commissions with the aim of advising and supporting the Executive Committee in achieving its objectives:

The General Assembly 2022 reached several resolutions including the commitment to promote sports for athletes with a disability at all levels.

For more photos of the event: <https://www.flickr.com/photos/158785774@No2/albums/72177720297776915>



The RNOSC Secretary General Mr. Joseph KAJANGWE presenting the RNOSC Annual Activities Report at the Ordinary General Assembly 2022 – March 26.



The RNOSC Treasurer General Mr. Christian GAKWAYA presenting the RNOSC Annual Financial Report and Budget 2022 at the Ordinary General Assembly 2022 – March 26.



The President of the GMT 2021 Organizing Committee presenting the report at the RNOSC Ordinary General Assembly 2022 – March 26.





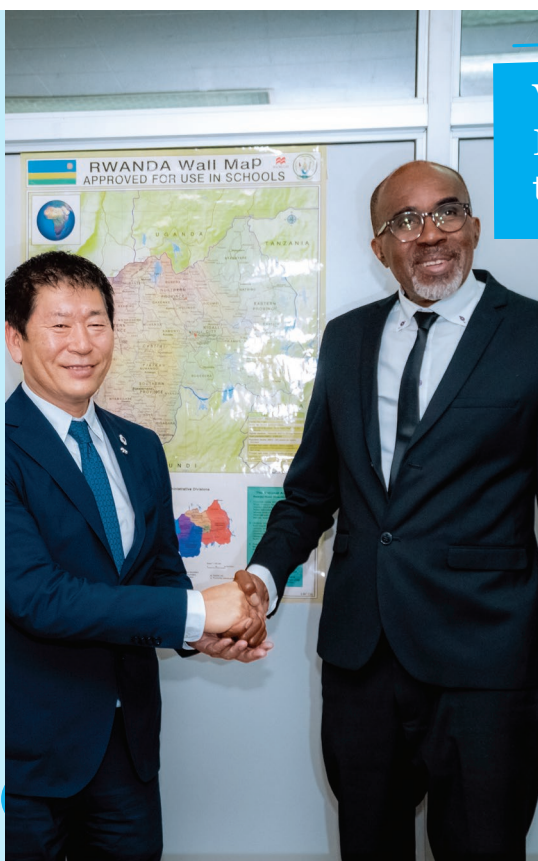
## VII. The visit of Embassy of France to the RNOSC President

On April 05, 2022, the President of the Rwanda National Olympic and Sports Committee Mr. Theo UWAYO met with a delegation from the Embassy of France in Rwanda and the French Development Agency to discuss potential areas

of collaboration in the preparation of Team Rwanda for the Paris 2024 Olympic Games and partnership in different sports activities including the Olympic Day 2022.

For more photos of the visit:

<https://www.flickr.com/photos/158785774@N02/albums/72177720297925436>



## VIII. The visit of the President of the International Gymnastics Federation (FIG) to the RNOSC President

On April 19, 2022, the President of the Rwanda National Olympic and Sports Committee Mr. Theo UWAYO received the President of the International Gymnastics Federation (FIG) IOC Member Morinari WATANABE during his 3-day working visit to Rwanda.

They discussed mutual cooperation and ways to develop Gym-

nastics in Rwanda, especially through coaching and sport facilities.

As part of his visit, the IOC Member Morinari visited Kigali Genocide Memorial to pay respects to victims of the 1994 Genocide against the Tutsi and was guided through memorial exhibits to learn more about the history of Genocide and Rwanda's efforts to rebuild.





From left: IOC Member Félicité Rwemarika, President of the International Gymnastics Federation (FIG) and IOC Member Morinari WATANABE, President of Rwanda Gymnastics Federation Mr. Aimable Rwabidadi.

He also visited sports facilities including Kigali Arena where he witnessed the talents of Rwandan gymnasts.

For more photos of the visit:  
<https://www.flickr.com/photos/158785774@N02/albums/72177720298236781>



Rwandan gymnast performing at Kigali Arena, 20 April 2022.

## IX. High level training course for coaches



From the 25th to the 29th April 2022, Mr. Sempoma Félix, the Head Coach of National Cycling Team participated at the high level training course for coaches organized by the “Association Francophone de Comités Nationaux Olympiques (AFCNO)” in Senegal.

This multidisciplinary training gives unique opportunity to the participants to share their expertise and discuss topics related to high-level performances including training preparation

and improvement of athlete performance, physical preparation and injury prevention. So far, the Rwanda National Olympic and Sports Committee helped 4 following coaches to attend this training course since

2016:

1. Sempoma Félix: Rwanda Cycling Federation
2. Mana Jean Paul: Rwanda Volleyball Federation

3. Karasira Eric: Rwanda Athletics Federation
4. Furaha Pascal: Rwanda Tennis Federation



From left: IOC Member Félicité Rwemarikwa, President of the International Gymnastics Federation (FIG) and IOC Member Morinari WATANABE, President of Rwanda Gymnastics Federation Mr. Aimable Rwabidadi.



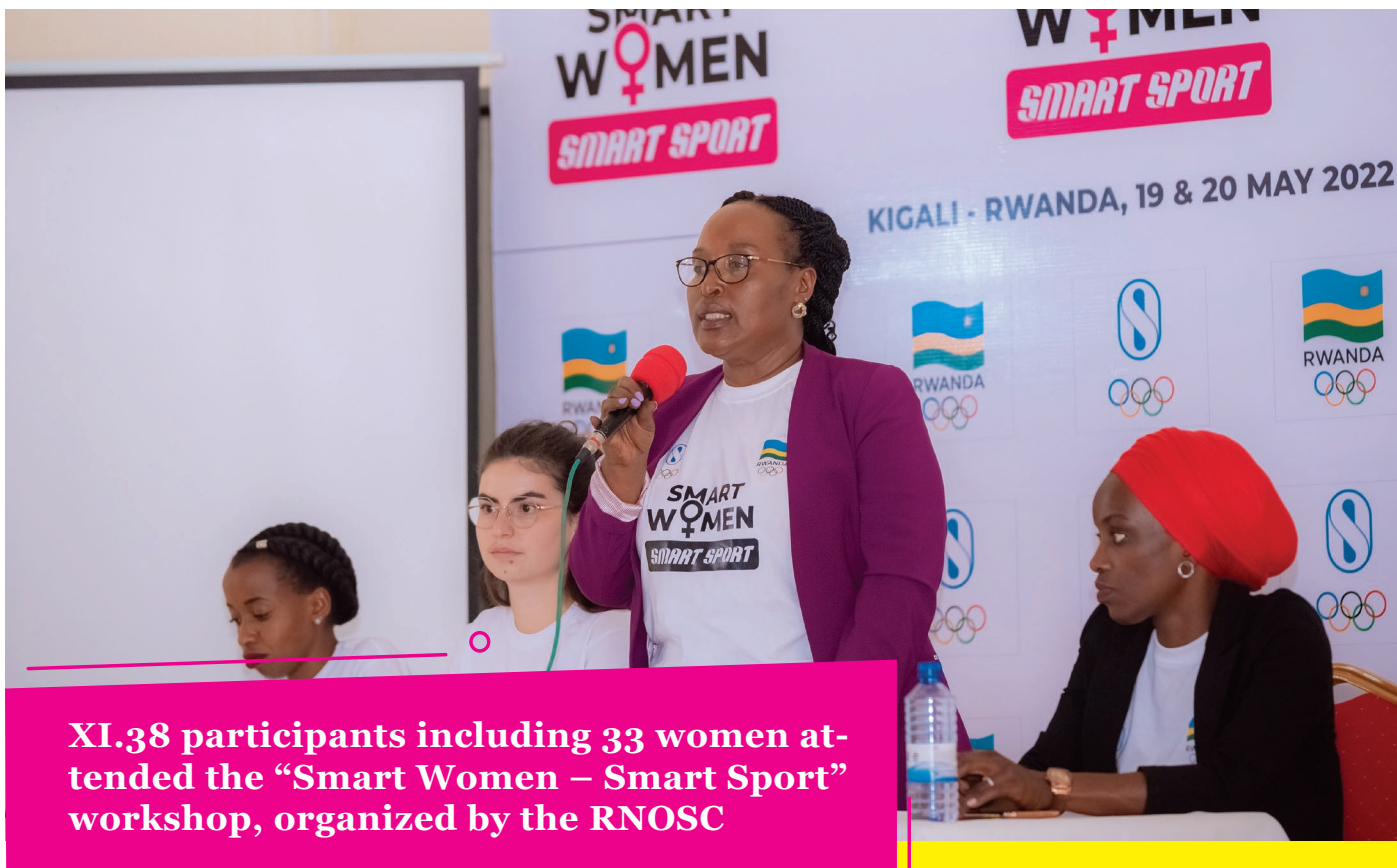
## X.Eastern Region Karate Championship 2022

With support of the Rwanda National Olympic and Sports Committee, the National Karate Team participated in the UFAK Eastern Region Karate Championship 2022 held in Nairobi, Kenya from the 16th to the 21st of May 2022.

Shyaka Ndukiye Maic (-60kg), Ntwali Fiston (-67kg) and Niyitanga Halifa (-75kg) represented the country and all finished 1st in their respective karate kumite categories while Niyitanga Halifa also finished 2nd in karate kata.

The trio benefits from the Continental Athlete Support Grant offered by the Rwanda National Olympic and Sports Committee within the framework of the Olympic Solidarity's programmes.





**XI.38 participants including 33 women attended the “Smart Women – Smart Sport” workshop, organized by the RNOSC**

From the 19th to the 20th of May 2022, the Rwanda National Olympic and Sports Committee (RNOSC), in collaboration with the RNOSC Women in Sport Commission, hosted a workshop titled “Smart Women – Smart Sport” under the theme

“Women and Sport”, held at Centre d’Accueil Bonne Espérance in Kigali city.

The event aimed at empowering and providing capacity building to its members by addressing various challenges the Rwanda

Sport Movement is facing while promoting the Olympic values and gender equality in particular and this was emphasized by the Second Vice President at the RNOSC Mrs. Salama Umutoni in her opening remarks.



*“This workshop aims at discussing the challenges women face in sports sector. There are also experts who will share their expertise and I encourage women to talk about the issues they face and work together to find solutions and a better way forward,”*

**Mrs. Salama Umutoni**  
The Second Vice President at the RNOSC

A total of 38 participants including 33 women from National Sports Federations, Rwanda Olympians Association and Sports Centers of Excellence in Schools (ISONGA Programme) took part.

During these two days, the participants benefited from the following presentations:

-“Prevention of Harassment and Abuse in Sports (sexual, verbal & emotional abuse) and Mental Health.” by First Vice President at Rwanda Cycling Federation Mrs. Mukazibera Marie Agnes

-“Talent Detection” by the Technical Director at Rwanda Volleyball Federation Mrs. Gertrude Kubwimana

-“Sports Nutrition” by Nutritionist/

MD “La Pervenche Nutrition Cabinet” Mrs. Mukayumba Anastasie

-“Menstruation and Athlete’s Performance” by Sports Expert Mrs. E’GAIRMA Hermine

-“Sports Medicine” by RNOSC Medical and Anti-Doping Commission Dr. Nuhu Assuman and the Vice President of the RNOSC Sport For All Commission Mrs. Murangwa Usenga Sandrine

-“Sports and Mental Health” by the Director General of Huye Isange Rehabilitation Center Dr. Patrick RWAGATARE

-“Women in Coaching” by Head Coach REG Women BBC Mukaneza Espérance

-“Refereeing” by FIFA Referee Murangwa Usenga Sandrine

-“Sports Journalism” by Sports Journalist and President of the RNOSC Women in Sport Commission Ariane Uwamahoro

Igihozo Yvette who participated in the workshop shared her key takeaway: ***“We learned how to avoid violence against a sportswoman, how to nourish our bodies as sportswomen, we were given insightful information about women’s periods and we also had an opportunity to hear testimonies of women in sports industry.”***

***“We received positive feedback from invited participants to this event, including athletes, coaches, referees or others involved in sports management. They were happy and eager for more knowledge.”***

***Mrs. Gertrude Kubwimana***  
The Technical Director at Rwanda Volleyball Federation

***and their contribution to the development of sport. You do not have to think that opportunities will come to you just because you are a woman but because you deserve it,”*** Rwe-marika said.

***competent authorities to find solutions for them toward creating a better environment for women in sports,”*** she added.

In her closing remarks, the IOC Member Mrs. Félicité RWEMARIKA urged her fellow women to remain focused and take a leaf from a few who have excelled if they are to succeed in various sports disciplines.

***“Firstly, we encourage women to believe in themselves, secondly, to improve their personal development skills***

***“We were able to hear from them, their challenges and what they want to be done. We are going to present them to***

More photos of the workshop:

<https://www.flickr.com/photos/158785774@N02/albums/72177720299085857>



## XII. Visit of the Secretary General of CONFEJES to the RNOSC President



On the 23rd of May 2022, the President of the Rwanda National Olympic and Sports Committee Mr. Theo UWAYO received in his offices Mrs. Louise-Renée THOBI, the Secretary General of Conférence des Ministres de la Jeunesse et des Sports de la Francophonie (CONFEJES) and discussed areas of partnership towards sports development including the “Double Carrière” Programme

ahead of the Youth Olympic Games Dakar 2026.

Also in attendance were the International Olympic Committee Member

Mrs. Félicité Rwemarika and Mrs. Salama Umutoni, the Second Vice President at the Rwanda National Olympic and Sports Committee.

More photos:

<https://www.flickr.com/photos/158785774@N02/albums/72177720299182124>



## XIII.16 National Sports Federations successfully hosted GMT 2022

Every year on April 7, Rwanda begins a 100-day commemoration of the 1994 Genocide against the Tutsi that claimed lives of over one million victims.

Normally, as other Rwandans, every year in June, the Rwanda Sport

Movement organize various commemoration activities to remember and pay respect to the victims of the 1994 Genocide against the Tutsi especially sportsmen and women.

The year of 2022 was marked by two following activities:

-Kwibuka 28 by the Ministry of

Sports, Ministry of Youth and Culture and Rwanda National Olympic and Sports Committee Genocide Memorial Tournaments (GMT) organized by National Sports Federations under the coordination of the Rwanda National Olympic and Sports Committee in partnership with the Ministry of Sports.



**XIII.1. Kwibuka 28 by the Ministry of Sports, Ministry of Youth and Culture and Rwanda National Olympic and Sports Committee**

The Ministry of Sports, the Ministry of Youth and Culture and the Rwanda National Olympic and Sports Committee (RNOSC) visited the Kigali Genocide Memorial, on 05 May 2022, in remembering and honouring the victims of the 1994 Genocide against the Tutsi, especially those who were part of MI-JEUMA including sportsmen/women and artists.



The event included a discussion related to Rwanda's history, the origins of the genocide ideology and the contribution of youth in fighting Genocide denial.



Athletes and artists who participated in Kwibuka 28 organized by the Ministry of Sports, Ministry of Youth and Culture and Rwanda National Olympic and Sports Committee.



## XIII.2. Genocide Memorial Tournaments 2022 (GMT 2022)

From April 16 to June 19, 2022, 16 National Sports Federations in collaboration with the Ministry of Sports and the Rwanda National Olympic and Sports Committee successfully organized the Genocide Memorial Tournaments 2022 (GMT 2022) to remember and pay respect to the victims of the 1994 Genocide Against the Tutsi, in particular the sportsmen and women.



No	Federations	Date
1	Rwanda Swimming Federation	16 April 2022
2	National Paralympic - Rwanda	07 May 2022
3	Rwanda Tennis Federation	15 May 2022
4	Rwanda Karate Federation	15 May 2022
5	Rwanda Skating Federation	15 May 2022
6	ARPST	21 May 2022
7	Rwanda Rugby Federation	21 May 2022
8	Rwanda Cycling Federation	22 May 2022
9	Rwanda Fencing Federation	28 May 2022
10	Rwanda Table Tennis Federation	28 May 2022
11	Rwanda Boxing Federation	29 May 2022
12	Rwanda Taekwondo Federation	29 May 2022
13	Rwanda Handball Federation	29 May 2022
14	Rwanda Kung Fu Wushu Federation	29 May 2022
15	Rwanda Volleyball Federation	05 June 2022
16	Rwanda Cricket Association	09-18 June 2022





**XIII.2.1. Some photos of Genocide Memorial Tournaments 2022 (GMT 2022):**



## XIV.RNOSC joined Gasore Serge Foundation to celebrate the Olympic Day 2022

On June 23, 2022, the Rwanda National Olympic and Sports Committee joined 500 students from Rwanda Children Christian School founded/Gasore Serge Foundation in Bugesera district to celebrate the Olympic Day 2022.

2022's theme celebrates the power

of sport to bring people together in peace: a call to action for people to move together, up to and during Olympic Day, to show their united support for a peaceful world.

with Rwanda Basketball Federation, Rwanda Football Federation and CAVB Zone 5, donated sports equipment to Rwanda Children Christian School/Gasore Serge Foundation to support young talents.

of sport to bring people together in peace: a call to action for people to move together, up to and during Olympic Day, to show their united support for a peaceful world.

On the occasion of the Olympic Day 2022 celebrations, children discovered new sports such as Olympic

Day Run, Kids Athletics, 3x3 Basketball, Karate, Aerobics and Traditional Games, performed by a group of elderly people with the aim of passing on their knowledge to new generations.

The Rwanda National Olympic and Sports Committee, in collaboration







A team representing the Rwandan Olympians also participated in the Olympic Day 2022 celebrations to inspire the youngsters.



*We are happy to work together with RNOSC to celebrate the Olympic Day this year. It is a great opportunity for our children to know and participate in some sports disciplines that they were not used to, for example Basketball 3X3 and traditional games. Through these sports, they can learn some Olympic values that can assist them to become good sports personalities, and good students,”*

**Serge Gasore**

The founder of the Gasore Serge Foundation

**P**amela Girimbabazi Rugabira, a three-time Olympian who is an advisor at the RNOSC spoke about the importance of the Olympic Day celebrations.

***Olympics, and having the desire to participate in them.”***

*“Every year, we celebrate this day with youngsters, especially students from lower schools, so that we can help them grow up doing and loving sports. We teach them Olympic values and how they can apply them in their daily lives. We also bring them their older counterparts who managed to participate in Olympic Games so they can play together and inspire them on this important day. It helps them grow up knowing the meaning of the*



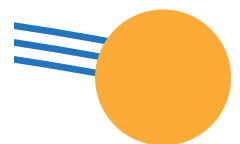
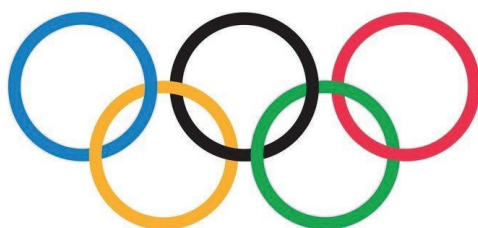


Also, during the Olympic Week, the Rwanda National Olympic and Sports Committee joined the Kids International Play on June 19,

2022, to celebrate the Olympic Day in Nyanza district and around 300 children participated.

<https://flickr.com/photos/158785774@No2/albums/72177720300043311>

More photos:





## XV.RNOSC attended the ANOCA NOC Games Preparation Forum 2022

From 08-09 July 2022, the National Olympic Committee of Uganda hosted African English speaking NOCs in a 2-day forum aiming at preparing the Paris 2024 Olympic Games.

The Rwanda National Olympic and Sports Committee (RNOSC) was represented by its Second Vice President Mrs. Salama Umutoni and the Executive Director Mr. Jean de Dieu Mukundiyukuri.

The workshop was officially opened by the Chair of the Uganda Sport Council Mr. Ambrose Tashobya. In attendance were also the President of NOC Uganda Dr. Donald Rukare and the IOC Team and Olympic Solidarity represented by Yassine Yousfi and the Secretary General of ANOCA Eng. Ahmed Abou Hashim Elgasim.



## XVI.Rwanda finished 4th in Beach Volleyball at the Birmingham 2022 Commonwealth Games

Rwanda as one of 56 Commonwealth countries participated at the Birmingham 2022 Commonwealth Games that held in Birmingham, England between 28 July and 8 August 2022. Rwandan athletes competed in Beach Volleyball, Athletics, Swimming and Cycling. The Men's Beach Volleyball Team finished 4th for the first time ever while athlete Yves Nimubona Yves finished 5th in Athletics - Men's 5,000M final.

The Birmingham 2022 games were the biggest ever quadrennial sports event held in the history among athletes from the Commonwealth of Nations; 19 different sports, 877 medals awarded,

96 Commonwealth Games records and 4 world records were broken, with 72 participating nations allowing over 1.5 million ticket sales. The inclusion was also at the heart of these Games,

as Birmingham 2022 featured the largest integrated Para Sport competitions in history.



## XVI.1. Training camp ahead of the Commonwealth Games 2022

In May, the National Team started the official the training camps in preparation for the Birmingham 2022 Commonwealth Games while participating in different local and international competitions.

The final training camp took place from 01-23 July 2022 with Athletics, Swimming and Cycling at Golden Tulip Hotel - Nyamata in Bugesera District and Beach Volleyball Team in Rubavu District.



## XVI.2. The Acting Director of Sports flagged off the Rwanda Commonwealth Team 2022

Before departing to England on the 23rd July for the Birmingham 2022 Commonwealth Games, the National Team was flagged off by the Acting Director of Sports in the Ministry of Sports Mr. Gervais Munyanziza accompanied by the CGA Rwanda First Vice President Mrs. Alice Umulinga. The ceremony

took place at Golden Tulip Hotel in Nyamata.

The officials' speeches centred on encouraging athletes and urging them to remain focused, disciplined and to give their best efforts to make Rwanda proud. The flag-Off ceremony attended by the

Athletes, team officials and representatives from the participating National Sports Federations as well as CGA Rwanda officials.

Rwanda was represented at the Birmingham 2022 Commonwealth Games by 16 athletes in 4 sports namely Athletics, Swimming, Cycling and Beach Volleyball.

## XVI.3. Rwanda Commonwealth Team 2022 at the Village



The Rwanda Commonwealth Team arrived at the Athletes' Village in Birmingham on the 24th July 2022 and the delegation consisted of 16 athletes and 12 team officials as follows:

### Athletics:

- 1.NIMUBONA Yves
  - 2.IRANZI Celine
  - 3.UWITONZE Claire
  - 4.IMANIZABAYO Emeline
- Coach: KANYABUGOYI Anicet

### Cycling:

- 1.MUHOZA Eric
  - 2.UHIRIWE BYIZA Renus
  - 3.MUKASHEMA Josianne
  - 4.MUGISHA Samuel
  - 5.MANIZABAYO Eric
  - 6.MUGISHA Moise
  - 7.INGABIRE Diane
  - 8.TUYISHIMIRE Jacqueline
- Coach: SEMPOMA Felix  
Mechanic: MANIRIHO Eric  
Physiotherapist: RUVOGERA Obed

### Swimming:

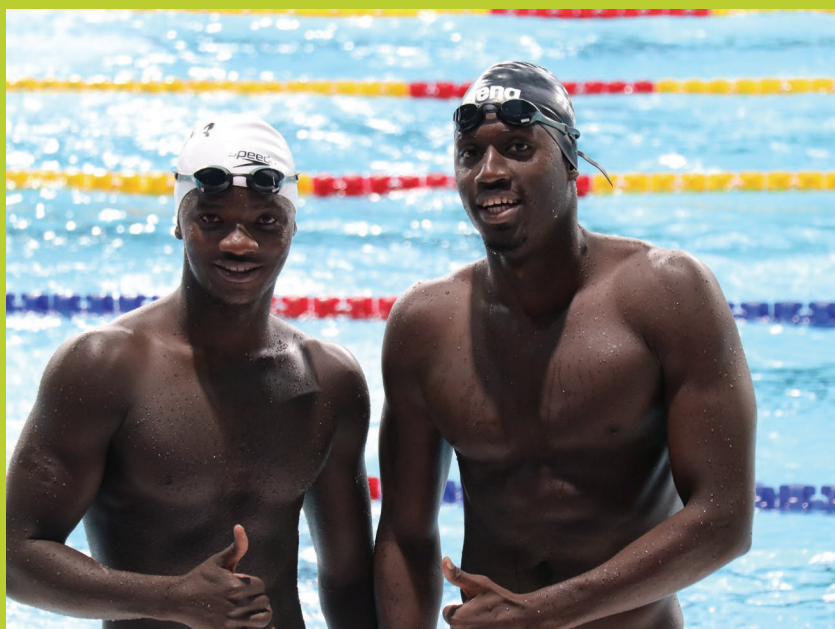
- 1.IMANIRAGUHA Eloi, OLY
  - 2.IRANKUNDA Isiaka
- Coach: RUKUNDO Patrick

### Beach Volleyball Team:

- 1.GATSINZI Vénuste
  - 2.NTAGENGWA Olivier
- Coach: MUDAHEMUKA Christophe

### Management Team:

- 1.Chef de Mission: MUGISHA Jean Jacques
- 2.General Team Manager: IJIMBERE Naickey
- 3.Administrative personnel: UMUTONI Salama
- 4.Press attaché: MUKESHIMANA Assumpta
- 5.Chief Medical Officer: Dr. NSHIMIYIMANA Protogene
- 6.Phyiotherapist: UWAYEZU Sandrine







## XVI.4. Rwanda Commonwealth Team 2022 received by the Village Mayor



**T**eam Rwanda was officially welcomed into the village on the 25th of July 2022 by the Mayor of the Games Village David Robert Moorcroft OBE at a colourful ceremony held at Chamberlain Towers at the Commonwealth Games Village (CGB).

tor of Sports in the Ministry of Sports Mr. Gervais MUNYANZIZA, CGA Rwanda Vice President Mrs. Alice Umulinga, CGA Rwanda Secretary General Mr. Joseph Kajangwe, Athletes and other team officials.

In attendance were the Acting Direc-



## XVI.5. The Minister of Sports visited Team Rwanda at the Athletes' Village

**B**efore the start of the 2022 Birmingham Commonwealth Games, on the 26th July 2022, the Minister of Sports Honourable Aurore Mimosa MUNYAGAJU paid a visit to the Rwandan Delegation at the Commonwealth Games Village where she interacted with athletes and team officials and wished them all the best.



## XVI.6. Opening Ceremony

The spectacular opening ceremony for the Birmingham 2022 Commonwealth Games took place on the 28th of July 2022 in a carnival of colour at the Birmingham's Alexander Stadium.

His Royal Highness Prince Charles later officially declared the 22nd edition of the Games open and delivered the Queen's

message to the Commonwealth Games. In it, she said the Games “remind us of our connection with one another, wherever we may be in the world, as part of the Commonwealth family of nations”.

More than 5,000 athletes competed in 280 events across 19 sports in 10 days.

The Rwanda Commonwealth Team wore traditional attire during the parade of participating nations and Olivier Ntagengwa (Beach volleyball) along with Diane Ingabire (Cycling) were the Rwanda's flag-bearers.





## XVI.7. Visit of Clare DE Lore Honorary Consul of Rwanda in New Zealand

On the 8th of August 2022, Lady Clare Frances de Lore McKinnon, Rwanda’s Honorary Consul General to New Zealand and her husband Sir Don McKinnon Former Secretary General of the Commonwealth paid a visit to the Team Rwanda at the Commonwealth Games Village.

## XVI.8. Athletes’ Performance at the Birmingham 2022 Commonwealth Games

### XVI.8.1. Beach Volleyball



The Beach Volleyball competitions took place at Smithfield, in Birmingham city centre from 30 July to 07 August and 12 countries including Rwanda competed in Men’s Beach Volleyball.

England Birmingham 2022 marked the Beach Volleyball’s second appearance at the Commonwealth Games whilst It was the first time for the Rwandan Men’s Beach Volleyball Team to participate in.

The duo of Olivier Ntagengwa and Vénuste Gatsinzi finished 4th after loosing to the Host nation Team England. Australia Gold, Canada Silver,





## XVI.8.2. Cycling



Both the road race and time trial at the 2022 Commonwealth Games took place within the West Midlands and the surrounding area of Birmingham. Team Rwanda was composed by 5 male and 3 female cyclists.

### Men & Women's Time trial

The men's and women's time trial began in West Park, Wolverhampton on 04 August 2022, heading out in a loop before finishing back within the city, the women tackled a 29 kilometers route, whereas the men's course was slightly longer at 37 kilometers.

Team Rwanda was represented by Mugisha Moise and Uhiriwe Byza Renus in men's category and by Diane Ingabire and Tuyishime Jacqueline in women's category.

Mugisha and Uhiriwe finished 17th and 27th respectively in 57 cyclists while Ingabire finished 25th and 26th place for Tuyishime in 36 female cyclists.

### Men & Women's road race - Final

On the 7th August, the men's road race saw the riders tackled 160 kilometers over ten laps of the course in Warwick while the women covered seven laps of the course totaling 112

kilometers. Rwanda competed with 8 athletes (5 men and 3 women).

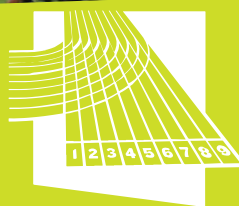
A total of 124 cyclists competed in men's category whereas 51 among them did not finish. Uhiriwe Byza Renus finished on the 23rd place, Eric Umuhiza on the 33rd place, Mugisha Moise on the 36th place, Eric Manizabayo on the 54th and Samuel Mugisha did not finish the race.

In women's category of 56 cyclists, 3 Rwandan athletes Mukashema Josiane, Ingabire Diane and Tuyishime Jacqueline did not finish the race.





### XVI.8.3. Athletics



From 02 to 07 August 2022, the track and field took place as part of the events of the Birmingham 2022 Commonwealth Games; Ni-

mubona Yves finished 5th in 20 in Men's 5,000m final and was given an appreciation certificate, Imanizabayo Emeline finished 14th in 22 in Women's 5,000m final, Iranzi

Celine finished 11th in 14 in Women's 10,000m final and Claire Uwitonze finished 8th in 8 in Women's 1,500m Heat 2.



### XVI.8.4. Swimming



From 29 July to 03 August 2022, the Swimming competitions took place at the Sandwell Aquatics Centre. Maniraguha Eloi, OLY competed in Men's 100m and 50m Freestyle and he did not qualify for the next round while Irankunda Isihaka competed in Men's 100m and 50m Butterfly and he did not qualify for the next round too.



## XVI.9. Closing Ceremony

The closing ceremony took place at Birmingham's Alexander Stadium on 08th August 2022 to close the 12 days sporting event. The Rwanda Commonwealth Team wore traditional attire during the parade of participating nations and Olivier Ntagengwa (Beach volleyball) along with Diane Ingabire (Cycling) were the Rwanda's flag-bearers.

Rwanda joined the Commonwealth in 2009 and made its Commonwealth Games debut at the Delhi 2010 Commonwealth Games in India.





## XVII.RNOSC attended the XXVI ANOC General Assembly Seoul 2022

On 18-21 October 2022, the Association of National Olympic Committees (ANOC) successfully hosted its XXVI ANOC General Assembly that held in Seoul, the Republic of Korea.

This largest global meeting brought together the world’s National Olympic Committees (NOCs) joined by representatives from the International Olympic Committee (IOC), International Sports Federations and Organising Committees of the Olympic Games.

The Rwanda National Olympic and Sports Committee (RNOSC) was

represented by the IOC Member Felicite Rwemarika, RNOSC First Vice-President Mrs. Alice Umulinga and the RNOSC Advisor Mr. Jean Butoyi.

Speaking during the ANOC General Assembly, Acting ANOC President Robin Mitchell said:

“We in ANOC should not for take for granted just how significant and unique it is to host an event attended by representatives from nearly 200 countries. As a global NOC family we are made up of so many different cultures and backgrounds.”

In his opening remarks, the IOC President Thomas Bach said:

“In this true Olympic spirit of solidarity and peace, I invite you all to join hands, to stand united with confidence in each other, as we have been doing so well in the past years. Let us not divide our precious Olympic Movement. Let us together walk this path of unity and peace. Let us together live up to our Olympic mission.

The ANOC Awards also took place on the sidelines of the General Assembly, to celebrate the athletes and NOCs of the Olympic Winter Games Beijing 2022.



## XVII.1. The resolutions of the XXVI ANOC General Assembly

- ANOC congratulated the Korean Sport & Olympic Committee and its President Lee Kee-heung on their excellent hosting of the XXVI ANOC General Assembly and thanked the President of the Republic of Korea for attending the meeting.
- The ANOC General Assembly expressed its solidarity with the Olympic Community in Ukraine, as well as with the Olympic Communities in all countries facing conflicts and natural disasters.
- Acting ANOC President Robin Mitchell praised the work of the NOCs over the last year and promoted the importance of collaboration and unity in his report to the General Assembly.
- ANOC Secretary General delivered a progress report on the implementation of the ANOC Strategic Plan which was approved by the General Assembly in Crete last year.
- An update on the ANOC Digital Accelerator Programme was presented and ANOC committed to the continuation and enhancement of the programme.
- The ANOC General Assembly approved the Sustainability Plan and approved the Sustainability Pledge. ANOC has committed to reduce its carbon emissions by 50% by 2030 and to reach net zero by 2040.
- The ANOC General Assembly approved the Audited Financial Statements for 2021.
- ANOC and NOC Indonesia signed the Host City Contract for the ANOC World Beach Games 2023. The ANOC Events Commission and NOC Indonesia updated the ANOC General Assembly on the significant preparations underway for the Games
- The ANOC General Assembly approved the amendment to the Constitution regarding the composition of the ANOC Athletes' Commission.
- The Organising Committee of the Olympic Winter Games Beijing 2022 delivered its final report to the ANOC General Assembly, reporting on the success of the Games.
- The Organising Committees of Paris 2024 and Milano-Cortina 2026 and the Gangwon 2024 Winter Youth Olympic Games gave positive updates on their preparations.
- The ANOC General Assembly approved the reports of its different Commissions and congratulated the Chairs of the Commissions for excellent work.
- The ANOC General Assembly heard an update from the IOC Administration and its Director General, Mr. Christophe de Kepper and from the Director of Olympic Solidarity and NOC Services, Mr James MacLeod, about the support available to NOCs.
- Chair of the Games Optimisation Group Kirsty Coventry delivered a report on the work of the new Group, which President Mitchell serves on as the representative of the NOCs.
- The Chair of the IOC Athletes' Commission, Mrs Emma Terho, gave an update of the work of the Commission and the cooperation with the ANOC Athletes Commission.
- The ANOC General Assembly elected Dr. Robin Mitchell to serve as ANOC President for the term 2022-2026.
- The ANOC General Assembly elected H.E. Sheikh Joaan bin Hamad Al-Thani to serve as ANOC Senior Vice President for the term 2022-226.
- The ANOC General Assembly took note of the new ANOC Executive Council 2022-2026.
- The ANOC General Assembly approved Bali as the host of the next ANOC General Assembly on 13-15 August 2023.



### XXVI ANOC GENERAL ASSEMBLY SEOUL 2022







## XVIII.eqUIP Intern Leah Ndererimana attended a CGF workshop in Botswana

From 06-11 November 2022, the eqUIP Intern at the Rwanda Commonwealth Games Association (CGA Rwanda) Miss. Lea Ndererimana attended a 6-day workshop organized by the Commonwealth Games Federation (CGF) and took place in Lobatse, Botswana.

During this workshop delivered by the CGF Development Team, the participants had an opportunity to learn through sessions on project management, leadership

and personal development. The workshop attendees were from 20 CGAs, namely, Belize, Botswana, Cameroon, Dominica, England, Eswatini, Lesotho, Malawi, Mauritius, Mozambique, Namibia, Nigeria, Northern Ireland, Rwanda, South Africa, Tanzania, Trinidad, and Tobago, Uganda, Wales, and Zambia.

According to CGF, the eqUIP Internship programme is an initiative of the Commonwealth Sport Foundation (CSF) that aims to offer youth across the Commonwealth

with skills development and employment opportunity that supports CGA capacity building and empowers young leaders to make positive change in sport and their communities.

In addition, the programme aims to build capacity in Commonwealth Games Associations (CGA) through a paid internship programme, developed in partnership with local universities as part of the CSF's global development programme.



## XIX.RNOSC Secretary General attended the 39th Seminar for Secretaries General in Sierra Leone

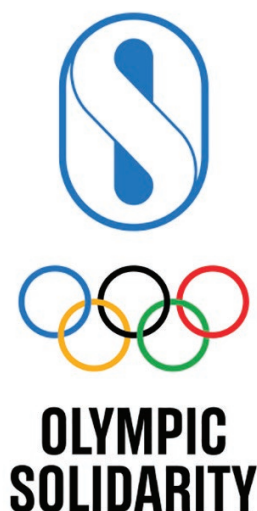
From the 12th to 13th of November 2022, the Secretary General of the Rwanda National Olympic Committee (RNOSC) Mr. Joseph KAJANGWE attended the 39th Seminar for Secretaries General of National Olympic Committees of Africa that held in Freetown, Sierra Leone, under the theme “NOC

Strategic Plan Implementation”.

The annual meeting was attended by all 54 National Olympic Committees (NOCs) of Africa and was officially opened in presence of the ANOCA President of ANOCA and the IOC Member Mr. Mustapha

Berraf, Government dignitaries from Sierra Leone, the ANOCA Secretary General Eng. Ahmed Abou Elgasim Hashim, the President of National Olympic Committee of Sierra Leone Dr. Patrick Coker and representatives from the International Olympic Committee.

The seminar's discussions focused on sharing experiences on NOC strategic planning and its implementation - And how the NOCs can fully benefit from the Olympic Solidarity programs available on the Relay platform.



As athletes are at the heart of the Olympic Movement, through the Olympic Solidarity, the Rwanda National Olympic and Sports Committee provide Rwandan athletes with following specific support programs:

### XX.1. Olympic scholarships

This is the program benefited by the top athletes displaying the ability to qualify for the Olympic Games.

Up to now, 5 athletes are part of this program in preparation for Paris 2024 Olympic Games as follows:

Athletics: Nimubona Yves  
 Cycling: Mugisha Moise, Uhiriwe Byiza Renus and Ingabire Diane  
 Taekwondo: Ndayayisenga Aline

### XX.2. Continental Athlete Support Program

This is the program benefited by the middle level athletes displaying the ability to compete at the regional level and promising for the top level in the future. The program is being benefited by the following 9 athletes:

Athletics: Uwitonze Claire, Izabayo Emelyne and Nsengiyumva Justin  
 Taekwondo: Sekanyambo Jean Paul, Munyakazi Vincent and Umurerwa Nadege  
 Karate: Shyaka Ndutiye Maic, Niyitanga Halifa and Ntwali Fiston

### XX.3. Team Support Grant program

This program is designed for a team sport with the high chances to qualify to the Olympic Games and both Women and Men's Beach Volleyball Teams are beneficiaries of this program with the aim of qualifying for Paris 2024.

### XX.4. Youth Athlete Development Programme 2021-2024

With support of the Olympic Solidarity, the Rwanda National Olympic and Sports Committee in partnership with four selected National Sports Federations namely Swimming, Tennis, Table Tennis and Cycling, identified 130 young athletes out of 372 who participated in the first phase of the "Youth Athlete Development Programme 2021-2024". The selected youngsters aged be-

tween 10 and 14 years old will benefit from a series of national training camps over the next four years and will be exposed to the various International Federations training opportunities ahead of the Dakar 2026 Olympic Youth Games and other future international competitions such as the African Youth Games 2026, which is set to take place in Maseru, Lesotho.

## XX.4.1. Cycling



As one of the selected National Sports Federations to be part of the “Youth Athlete Development Programme 2021-2024”, the Rwanda Cycling Federation organized a “Youth Athlete Identification” on 04 December 2022 at Gasore Serge Foundation

in Bugesera district and on 11 December 2022 in Musanze and Huye districts. 30 from 73 participants were selected to continue the programme.

## XX.4.2. Swimming



The Rwanda Swimming Federation held its Youth Athlete Identification on 22 October 2022 and on 10 November 2022 in Karon-gi district and Kigali city respectively. In 134 young

swimmers, 30 athletes were selected for the next preparations.

## XX.4.3 Table Tennis



40 out of 80 players were selected for the Rwanda table Tennis to take part at the Youth Athlete Development Programme 2021-2024. The selections took place on 29-30 October 2022 in Bugesera

district, on 05-06 November 2022 in Rubavu district and on 12-13 November 2022 in Kigali city.

## XX.4.4. Tennis

On 12-13 November 2022, the Rwanda Table Tennis Federation brought together 85 young athletes at

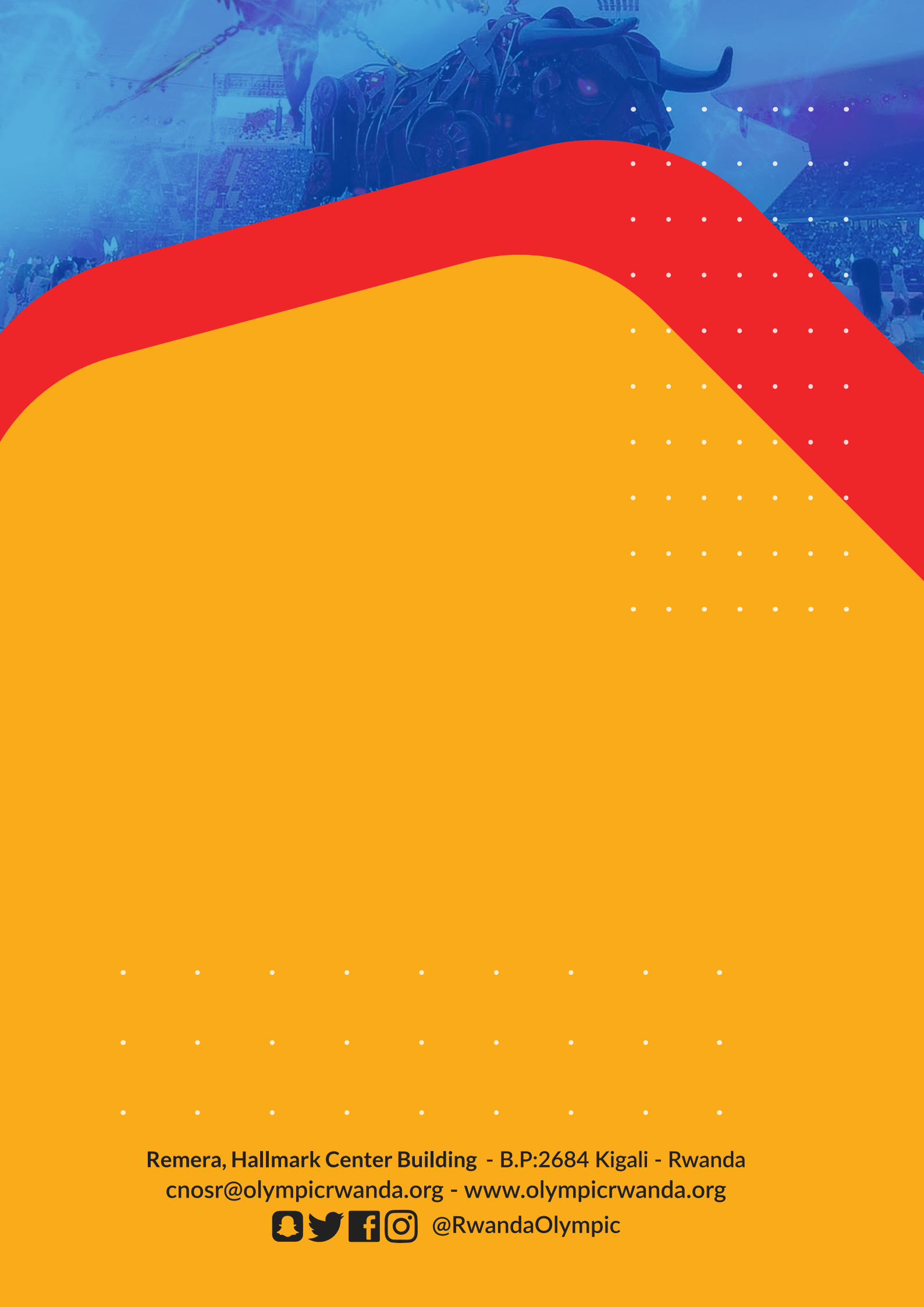
the IPRC-Kigali Tennis Court and 30 of them were selected to start the road to Dakar 2026.



The Rwanda National Olympic and Sports Committee, in collaboration with the selected National Sports Federations will continue to support

the selected young talented athletes by providing them with training camps, helping them to participate in qualifying tournaments and international competitions while

targeting the Dakar 2026 Olympic Youth Games.



Remera, Hallmark Center Building - B.P:2684 Kigali - Rwanda  
cnosr@olympicrwanda.org - www.olympicrwanda.org

 @RwandaOlympic